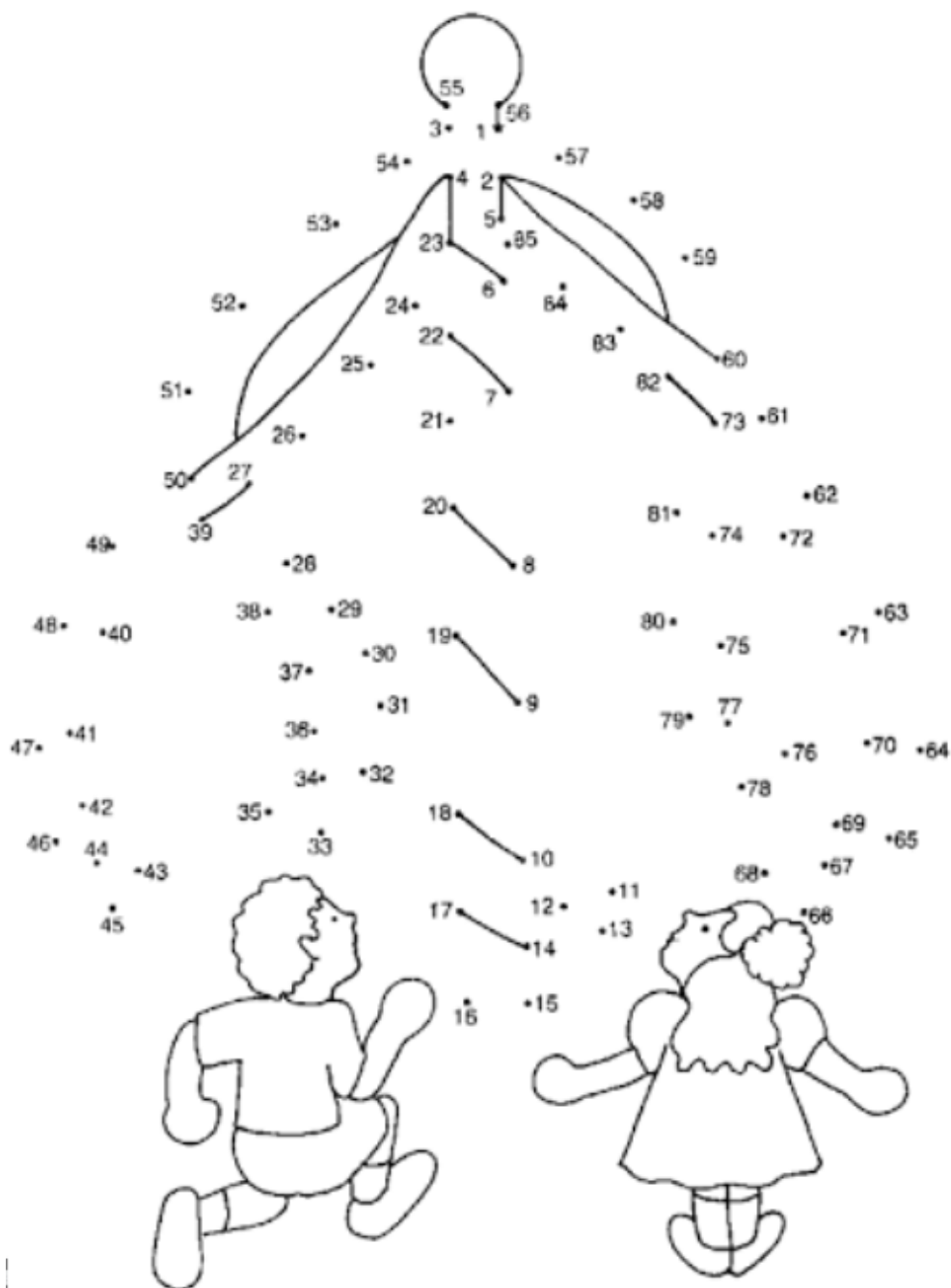


Wensum Diary

The monthly magazine for
Great Witchingham (Lenwade), Little Witchingham,
Morton-on-the-Hill, Ringland, Weston Green and Weston Longville

Volume 48, Issue 4, May 2020

Price 50p



Join the dots and then colour in

And Yet

The grass is still absurdly green,
The blue of sky is unassailed
But for odd, small cloud, white as ever.
The comfort of the primrose on the bank is undis-
turbed;
The bluebell under tree has no concern but colour;
And trees are showing now an early blush of leaf -
They have no choice but soon to blossom.
Dark ivy grows persistent and unflagging in the oak
trees
That are themselves unchanged down all the years.
And orange-tip and brimstone dance about the hedge,
Telling of due progress of the days.
And all seems as it should be.

A goldcrest hops in and out of yew, investigating,
Obeying instinct that compels, and urgently;
And pigeons are about their nests in thick wisteria, too.
Partridges, disturbed, run awkwardly along the lane
And lumber into noisy, heavy flight.
Drake pursues his duck about the pond,
Dipping head and causing silver beads
To roll down glossy back in ritual and display.
And skylarks steeply rise, a note on every beat of wing.
And all seems as it should be.

Tractors run up and down the fields,
Ploughing self-regarding furrows by satellite -
Precise, yet having still their place
Within this jumbled landscape,
Continuing the pattern of the years.

And through the grass on slope above the river
Soft breeze blows - much as ever, in the east.
Waft of silage fermenting slowly in the sun
Hangs in the air, marking out
The farm's familiar territory,
Where all seems order and routine.
The cows are once more in the shed for milking
And the usual geese have settled
On their pasture while they may.
And all seems as it should be ...

And yet

This morning there are no vapour trails,
No far-off sound of speeding traffic.
But everywhere, through bluebell wood, in dip and
rise,
The air swells big with birdsong
That not every day is heard.
Walkers no longer stop to chat but take a wider
berth;
And neighbours down the lane, perhaps not often
met,
May come to door or hedge, and yet not nearer,
To share the news that is already known:

That all is not quite as it should be.

*Written 7.4.20, a day of "lockdown" during the pan-
demic by Fred Brown.*

March 2020 100 Club Draw Results

1st Prize:	No. 08:	£50.00:	Keith Weatherburn
2nd Prize:	No. 11:	£30.00:	Janice Richardson
3rd Prize:	No. 33:	£20.00:	Rosamund Finch

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Covid 19

As the social restrictions continue, several people have been in touch with the Wensum Diary asking to thank their families, friends, neighbours, local councils and businesses who have delivered and all who have made it possible for the most vulnerable to protect themselves. Thank you to everyone who is rallying round.

Help that is available :

If you need someone to shop, go online, or have a chat, then contact

Ruth Goodall 01603 880000 ruthgoodall@btinternet.com, or Clare Morton 01603 880645 clare.morton@tiscali.co.uk for Weston Longville Parish. Likewise if you can offer help.

If you want to be part of the village email network then also contact Ruth.

Coronavirus: Resident support from Broadland District Council

- Hardship Fund
- We have created a fund to support our residents who are experiencing severe hardship due to the coronavirus crisis.
- The hardship fund is limited and is to support those who need it for a short period only, for example to help with food and daily essentials whilst you wait for you welfare benefit to be awarded or receive any advanced payments. If you or any members of your household (including partners) have any savings, capital or investments it is unlikely that you will qualify for any hardship payments.
- When considering your application we will also be looking at yours and your households circumstances and if you have taken steps to maximise your income and decrease your outgoings, for example if you could potentially qualify for any welfare benefits or other discretionary payments already available, if you have contacted your landlord, mortgage provider and other debtors for payment holidays etc.
- The amount you can receive will be limited and the fund will generally not be able to cover bills such as phones, television subscriptions, sky, virgin, utility bills, credit cards, car loans etc. It is for essentials for daily living such as food.
- For help and support with the form please call the benefits team on 01603 430602.
- You can find out about the range of services offered and help available from our Help Hub section on the website or, if you have no access to the website, by calling 0344 8008020.



Weston Longville Parish Council Financial Covid Assistance 2020

To offer a small measure of immediate financial help to residents whose household incomes have been significantly impacted by the Covid-19 crisis, Weston Longville Parish Council with the assistance of All Saints Church Charitable Trust can offer a grant of £100 per household in need. If you have been a resident of Weston Longville Parish for at least one year and a day and your household is genuinely in **need, hardship or distress**, caused by the current outbreak of Covid-19 then please apply to the PC in writing by the 6th May 2020. You can either apply by letter or use the form below including any circumstances which you feel that the PC should take into account.

The PC must act in accordance with the best interest of the parish and in particular, that means being able to evidence, within reason, that the people we assist are genuinely in need.

Each case will be considered in confidence and on the individual merit of the application.

Please note that applications are restricted to one per household.

If you require any assistance in completing the application, any of the PC will be pleased to help.

Applications may be handed to any Councillor or preferably sent to:

Clare Morton 2 The Cottages, Breck Rd, Weston Green, Weston Longville NR9 1Q

The Council will make payment by means of a cheque.

APPLICATION FOR ASSISTANCE FROM WESTON LONGVILLE PARISH COUNCIL

Please answer as directed.

TOTAL HOUSEHOLD WEEKLY INCOME. To include wages, pensions & benefits - £..... Please be aware that any payment made to you by the WLPC will need to be declared as income and may affect any means tested benefits which you receive.

**PLEASE GIVE DETAILS OF HOW THE COVID-19 ISSUES HAVE CAUSED YOU TO BE IN NEED, HARDSHIP OR DISTRESS
PLEASE COMPLETE IN BLOCK CAPITALS**

NAME OF APPLICANT

ADDRESS.....

TELEPHONE NO.....

Tales from Nearly Isolation

As I am working in one of the industries the Government has designated as key, I am in the fortunate (?) position of going out to work. The practice of everyone trying to be at least 6' apart at all times has meant that those who can, are working from home, the open-plan office environment we had introduced not 12 months ago (so everyone could work more closely together and improve our communication) has been abandoned as people flee to all corners of every building in order to avoid seeing their colleagues. Lunch is spent either at one's desk, or sitting apart from each other at least 2 seats away in the canteen. Where possible, pull door handles have been replaced with cunningly wrought sections of bent pipe you post your forearm through and pull on them, thereby cutting down skin to surface contact. Every building has a cleaning station with spray bottles of dilute hypochlorite and industrial sized paper wipes (none of which seems to have been stolen for loo roll although I was very tempted when I was down to my last one) and the hand sanitiser is gradually stripping all the moisture from our skin until some people are getting mummified hands. You now email people who are only 20 feet from you and there are drop off boxes, like the plague stones of old, in which you leave things for collection so others don't come in. Some are split shifting—doing their 8 hrs on a 6 'til 2, 2 'til 10, depending on whether you or your colleague is a lark or an owl. I have seen more nose hair due to ill-placed laptop camera angles than I thought was possible due to video conferencing ! As one family member coughs and one person goes off for 2 weeks, so others are now coming back. No-one with us is losing their job, or being furloughed or left uncontacted and forgotten. People, on the whole, are quite philosophical and fairly good humoured but long may it not continue !!!

Clare

Diary from the Coop

Dear Readers,

Well, life is never easy is it and you poor, poor humans are certainly going through it at the present time. Like everyone else, very stringent restrictions are in place, so there has been a minimum of comings and goings around our abode. Normally, we would expect family, friends and neighbours to be dropping by, grandchildren running around but alas and alack, we are all following government rules so life is very quiet currently. Our Owners are following advice and instruction and note that all you good people out there are doing the same. Thank you from your Chicken friends, we think you are ALL wonderful.

Isn't it fantastic, that at times such as these people rise to the occasion, putting aside differences and are offering help, care and comfort to those who are struggling, are overwhelmed or just plain anxious or lonely.

Here are a few things you can imagine or do whilst confined to home and hearth.

How about a dawn chorus with a Cock a doodle doo, clucking Hens with a backing of birdsong, squirrels cracking their nuts and the dog swishing its tail? Failing that play your favourite music and if the mood takes, have a DANCE, we caught our Lady trying out the TWIST, well, that dates her!

Go out into your garden or just look out of the window and note that this time of the year, there will be another shrub bursting into bloom or unfurling fresh green leaves or a bulb pushing up through the soil.

Pick a few stems of flowers and place them, bulked out with cuttings from shrubs, around your home to bring the outside indoors.

When the sun shines, take yourself outside for a healthy dose of vitamin D.

Try that recipe you have been meaning to for the last few months.

Eat healthily but don't forget, the odd treat never did anyone any harm, taken in moderation, think of the mantra Naughty but Nice !

Reread a favourite book or two or try writing a story.

Only look at the news ONCE a day, so you don't get depressed and actively seek out GOOD NEWS stories.

Write some letters to your family and friends, what is nicer than receiving a missive through the post, it will make the recipient feel really special.



We have been doing our bit, trying to cheer our Owners up, we have tried acrobats on the water butts and compost bins, pursuing our lady around the garden every time she comes outside, she looks like a veritable Pied Piper but with chickens not rats or children in pursuit! The Cockerel has now perfected flying over the wire and tapping on the lounge window if our Owners are a bit tardy letting us out for our free range freedom. He only had to do it twice before they got the message, it was like training Pavlov's dogs.

We are also continuing to provide our daily half dozen or more eggs so we are in everyone's good books.

Sadly still no sign of baby chicks despite every endeavour from that beast of a Cockerel but then I always thought he was all show and no substance, still one never knows.....

Do stay safe my lovely readers, together we will get through this!

Take Care,

Hetty the Hen



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Sat 11th April	Snape Maltings & Aldburgh	8am	£22
Sat 18th April	Family Tree Live - Ally Pally	8am	£40/£20 Under 10
Sat 18th April	Dover Castle	7.30am	£52/ EH £31
Sun 19th April	Great Choral Classics - Ryl Albert Hall	8.30am	£80
Sun 19th April	Kensington Museums	8.30am	£28 (Child £15)
Tues 21st April	Colchester & Tiptree	8am	£30
Fri 24th April	York & Harrogate Flower Show	7am	from £150
To Sat 25th April			
Sat 25th April	Creative Crafts London Excel	8am	£38
Sat 25th April	Andre Rieu - SSE Wembley Arena	1pm	£110
Sun 26th April	Country Living Fayre	8am	£46
Mon 27th April	Thursford Collection	9am	£30
Mon 27th April	Scotland from Coast to Coast	7am	from £499 pp
To Fri 1st May	SS £160		
Wed 29th April	Tower of London	8am	£50
Sat 2nd May	RHS Hyde Hall Spring Crafts	8am	£40/RHS £30
Sun 3rd May	Newmarket Stud & Heritage Centre Tour	9am tbc	£46
Wed 6th May	Wicksteed Park - Sing As We Go	8am	£56
Sat 9th May	Film Music Gala - Royal Albert Hall	8.30am	£65
Sat 9th May	Kensington Museums	8.30am	£28/£15
Sun 10th May	Strictly The Professionals - London Palladium	8am	£80

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WOODFORDE PORTRAIT - IN URGENT NEED OF ATTENTION

Samuel Woodforde's portrait of his uncle, the Revd James Woodforde, which hangs in All Saint's Church, Weston Longville, is in urgent need of conservation.

The portrait was painted in 1806 (i.e. after the Parson's death) from a drawing or water-colour executed when the artist was visiting Weston twenty years earlier. *It is thought to be the only portrait of the Parson to exist.* It remained in the Woodforde family until 1951 when it was sold at Christie's to Mr Charles Clutson of Weston Park House who made a gift of it to Weston Longville PCC.

Many people may have thought that the painting in the Church is just a copy however it is, in fact, the original. When it was donated back in 1968, the Church went to great lengths to build a wooden frame to secure it and keep it off the wall. The recommendation at the time, to encase it in glass, was also followed but this is not current thinking so will be reconsidered when the painting is rehung. The age of the work—more than 200 years old, is in keeping with other historic paintwork in the Church such as the Rood Screen and the Tree of Jesse have been there for over 500 and 700 years respectively, so why not the Parson who was there in person 245 years ago?



The painting and frame are now badly in need of cleaning but, more alarmingly, severe mould growth on the back of the painting is beginning to grow through the cracks on the surface.

Having asked for a number of quotations, the PCC have commissioned Kiffy Stainer Hutchins of the Houghton Conservation Studios to carry out the work of conservation and re-hanging. Needless to say, the PCC has many calls upon its fund-raising capability and the help which the Society can provide towards the conservation of this uniquely important portrait will be of the greatest importance. For details of how to contribute PLEASE SEE OVER. All contributions will be most gratefully received.

HOW TO CONTRIBUTE TOWARDS THE CONSERVATION OF THE WOODFORDE PORTRAIT:

Any contributions can either be made by bank transfer to the Society's account: Sort-code 20-53-77; a/c no. 50737097, using the reference PORTRAIT, or by cheque, payable to 'The Parson Woodforde Society', sent to the Gift Aid Treasurer, Peter McKay using the tear-off slip below. Which ever method you choose please consider making your donation gift-aided and fill in either form A or (if you do not wish to Gift Aid your donation) form B.

PARSON WOODFORDE SOCIETY (Registered Charity No. 1010807)

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Parson Woodforde's Diary

Extracts chosen by Katharine Solomon



9th May 1786 [in Norwich] "About 12:00 o'clock Mr and Mrs Custance with their two eldest sons came to the Kings Head, being on their way to a place near Scole where their eldest son Hambledon is going to School. Mrs Jeans, Miss Short and my Niece paid their respects to Mrs Custance at the Kings Head this morning but Mrs Custance did not receive them with that openness and Affability that I could wish, being rather hurried and fluttered on her eldest son going to school. Mrs Jeans however could not help taking notice of it."

[Woodforde, normally such an admirer of Mrs Custance, seems rather unsympathetic to her feelings on sending her son, age 7, away to a boarding school. The school was Palgrave school near Diss run by Reverend Rochemont Barbauld and his wife, the esteemed poet Anna Laetitia Barbauld.]

21st May 1786 "I buried this evening about 7:00 o'clock a little boy of Paul Bowdon's about 5 years of age, who was unfortunately drowned in Hungate pond on Thursday last."

30th May 1786 "We all went to Dereham this morning to Mr Thomas's and there dined and spent the afternoon with him, Miss Thomas, Miss Betsy and Miss Anne Thomas and Mr Du Quesne. It was very hot to day. Nancy went with Britton in the little cart, and myself and Nephew went on horseback. We returned home a little after 9 this evening, we spent a tolerable agreeable day there. Miss Thomas is very reserved and not handsome - Miss Betsy is very agreeable and pretty - Miss Anne very still and course Whilst at Dereham I took a walk by myself to Barkers the Bookbinder and paid him a bill for binding my new Chambers Cyclopaedia by Dr Rees - 5 large Volumes Folio - double lettered etc - pd 2:5:0"

[At the same time Woodforde also paid for binding two other books, an Atlas of Great Britain and a Military and Naval History. He also bought a dozen memorandum books (to be used for writing his Diary), writing paper, a large glass inkstand and a 'Court calendar'

"Miss Ann very still and coarse" - what might this mean ?}

For more information, visit www.parsonwoodforde.org.uk



Self portrait of Sam Woodforde was done in 1805

Samuel Woodforde

Samuel Woodforde was born at Castle Cary, Somerset. He was the second son of Heighes Woodforde, an accountant of Ansford, and his wife Anne. He was a lineal descendant of the painter Samuel Woodford, and nephew of the diarist, Parson James Woodforde. He was supported by the banker Henry Hoare of Stourhead, Wiltshire and his family. On 8 March 1782 he became a student at the Royal Academy Schools and started exhibiting pictures in 1784. He contributed no less than 133 pictures to the Royal Academy and 39 at the British Institution.

Henry's son Richard Hoare granted Woodforde £100 a year, which allowed him to travel to Italy in 1786. He spent most of his time in Rome, studying the works of Raphael, Michelangelo, and Paolo Veronese. He also visited Venice and Florence

before returning to London in 1791. Between 1792 and 1815, "he exhibited constantly, showing portraits, scenes of Italian life, historical pictures, and subjects from literature". He did several works for various

Shakespearean themes such as the Boydell Shakespeare edition (1805) and the Longmans Shakespeare (1805–7). Woodforde became an associate of the Royal Academy in 1800 and a full member in 1807.

On 7 October 1815 he married Jane Gardner; that year the couple left for Italy. Two years later, Woodforde died of fever at Bologna where he is buried in the cemetery of La Certosa.



Samuel Woodforde's portrait of his brother William in officer's uniform of the Somerset Volunteer Infantry, 1805
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From the hedgerow

What is hare coursing?

Hare coursing is a bloodsport where dogs—usually greyhounds or lurchers—are used to chase, catch and kill hares.

It is illegal in the UK under the Hunting Act 2004, which makes it an offence to hunt wild mammals with dogs. Anyone convicted of the offence can receive a fine of up to £5,000 by a Magistrates' Court.

Legislation also gives police the powers to seize and detain vehicles until the court hearing. Powers to seize vehicles may also be granted under section 30 of the Game Act 1831.

Hare coursing tends to start after harvest when large areas of land have been cleared of standing crops but may occur in spring when the crops are low to the ground. It usually occurs at dawn or dusk.

You can help fight hare coursing by looking out for activity in your area.

What to look out for :

- The most obvious sign is groups of vehicles parked in a rural area, perhaps by a gateway to farmland, on a grass verge, on a farm track or bridle path.
- They will usually be estate cars, four wheel drives or vans. It will be obvious looking inside whether there is evidence of dogs or not.
- They often travel in convoy, with vans at the front and rear containing minders.
- They will often use binoculars to spot hares.
- Coursers will often walk along the edge of a field to frighten a hare into the open, and may have their dogs with them.

Report it

If you see hare coursing taking place, or suspect it is happening in your area contact the police immediately on 101. They advise that you do not approach the participants but try to get photographs if it is safe to do so.



Christian Aid Week

The 2020 Christian Aid week runs from the 10th to the 16th May. During May you will find an envelope in your door for Christian Aid. Please give generously for this much-needed and worthwhile charity. Unfortunately, we do not have enough collectors to visit you personally but nevertheless we do thank you in advance.

Your welcome envelope can be taken to Dot Le Grice, The Old Hart, Weston Longville, or to the church of All Saints', Weston Longville.

Thank You—Dot.

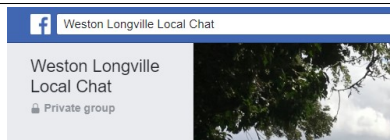


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Residents in Weston Longville have set up a Facebook based group called **Weston Longville Village Chat**. Kevin, Cynthia and Christine would like more people to join and to share information about community events and what is going on in the village. Put in Weston Longville in the Facebook search and find the Village Chat group and join. The site allows you to ask questions, post historical

information, make observations, share photos and videos and advertise events. There are a number of these local chat groups centred on other villages and they can link together to spread information or unite behind common goals.

Distribution of the Wensum Diary.

The Wensum Diary is dropped to your house by a stalwart band of more than 30 different people. In these difficult times, not all of them will be able to continue to deliver the Diary so for the duration of the current Covid-19 problem, a web version of the Wensum Diary will be available at our new website <https://wensumdiary.wixsite.com/website>. The previous Webs version seems to be corrupted and refuses to upload.



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Health Promotion. Mental Health and Advice - Coronavirus and your Wellbeing

Social distancing and self-isolation can be really hard to deal with.

It's normal to feel anxious, frustrated or bored, and if you're worried about the effect it will have on your mental health, you are not alone. Here are some tips for looking after your wellbeing during quarantine.

- **Video calls**

Phone calls are amazing, and are a great way to stay connected. But seeing someone's face really can make a huge difference on a phone call. It can lift your mood and make you feel less lonely. You're probably not the only person feeling worried, bored or frustrated. It's a good time for a catch up, so don't be afraid to make the first move and reach out to someone you haven't heard from in a while. They'll probably be very grateful to hear from you.

- **Find a positive online community**

There are lots of positive online communities, where you can make new friends, get inspired and chat about things you care about. You could try searching for groups involved in causes, music or TV shows you are passionate about.

- **Mindfulness**

There are lots of great free apps you can use to guide you through breathing techniques and meditation that can help ease your anxiety and clear your mind of anxious thoughts. For example "Headspace".

- **Clean up your social media**

You might be spending more time than usual scrolling on social media. But have you ever thought about how this could be affecting your mental health? Try unfollowing or muting accounts that make you feel anxious, upset or angry. Find positive accounts like [@youngmindsuk](#) that boost your mood and share your interests.

- **Take a break from the news**

It can be tempting to constantly check the news during times like this, but if you notice this is having a negative impact on your mental health. Try limiting how often you check the news.

- **Read a book**

Getting away from screens and reading a book can help you escape for a bit. Why not re-read one of your favourites, or get your friend to recommend one? It might be difficult to get a new book, but you can access lots of books online.

- **Plan your days**

Your normal routine might be disrupted and that can be stressful. Take some time to write down how you want to spend your day. Creating and sticking to a new routine will give you a sense of order and normality. Decide on your new routine and make sure you build in time to do things you enjoy. If you live with other people, you could ask them to help you.

- **Feel productive**

Make a list of all those things you said you would do but never get round to. It could be sorting out your wardrobe, doing some gardening, fixing things around your living space etc. These tasks can make you feel productive and give you a sense of accomplishment. Tidying your living space can also make you feel calmer and more positive.

- **Online games you can play with friends**

Board games can be a great way to spend time with friends or family while giving you something to focus on. You can play a lot of these games online, like Monopoly or Chess, or via apps like Words With Friends 2.

- **Walk away from tense situations if you can**

Being cooped up with other people will naturally be frustrating and might create tension between you and those you live with. You can defuse difficult situations by walking away from arguments until everyone starts to feel calmer. If you and those you live with do not have any coronavirus symptoms, you could go outside for a walk.

- **Create a rota**

If you're in a situation where lots of people are fighting over who gets to decide what you watch on TV, who cooks and cleans, or anything else, you might find it helpful to create a rota. This can help you agree a fair system and help avoid arguments.

- **Reach out for help**

If your living situation is difficult, please don't struggle in silence. Speak to someone you trust. Call a friend or a helpline. If you're worried about being overheard, you could try texting or emailing instead.





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An advertisement for Mark Wheeler Chimney Sweeping Services. It features a silhouette of a person sweeping a chimney with a long brush. The text includes the name 'Mark Wheeler', the company name 'CHIMNEY SWEEPING SERVICES', and details about their services: 'Power Sweeping • Traditional Brushes and Rods', 'Covering Norfolk • Insured', and a 24-hour service. Contact information includes a phone number 'CALL 07900 294 466', an email 'markwheeler.sweep@gmail.com', and a website 'markwheelerchimneysweep.com'. There is also a logo for 'ICS' (Institution of Chimney Sweeps) and a note that they are a registered member.

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Wensum Valley Birdwatching Society



We have cancelled the Dawn Chorus and Boat Trip which were planned for May, as a consequence of the Coronavirus contagion. At the moment the next planned meeting is the Indoor one on May 21st. We will review matters regularly and will advise members of further developments. The AGM will be held at a later date.

WVBS WhatsApp Group. In these worrying times members are encouraged to join our group and can communicate with each other if help is needed.

We would also encourage existing group members and new ones to regularly post sightings in and around the valley. If you would like to join please contact our joint co-ordinator Nick Edwards by text or phone and he will include you. His number is 07565 602249.

Keep an eye open for these migrant arrivals in May



House Martin



Sand Martin



Swallow



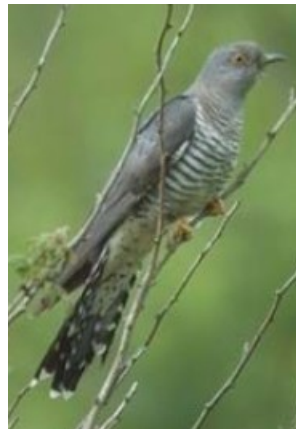
Swift



Black Cap



White throat



Cuckoo



Nightingale

From the Rector

The beauty of nature has been a wonderful thing to enjoy over our isolation time. I am struck by the birds who seem more abundant and beautiful than ever. The butterflies also, with their rich colours and dance. Our gardens have been such places of oasis and joy, as well as bike rides and walks. My favourite has been when I bump into people for a socially distant chat. It's so good to have a conversation with people and different people to the ones with whom we live. Much as I love chatting with them, it's always good to talk to someone new. The sun has shone more and the moon has been full, the light and warmth is so vital for wellbeing. I've loved having time to fix the things on my to do list. I've loved the time to be creative. I've loved the time to connect through social media, telephone and letter. I have missed gathering with people in church, at the pub, at a party, at a concert, down the beach, in friends gardens etc etc. I miss that we can only have close family at funerals and long for all the memorial services when we can really gather to celebrate the life of our loved ones. It's beautiful and it's tough all at once. I love gathering outside my door on Thursday night to hear the noise and for NHS and Key workers. Communities we are so proud to be part of and await to gather together again. Our losses and the world's losses are deeply sad and distressing. Our gains, and the world's gains, are something to contemplate and rejoice in. We live in trauma and hope, we live in lament and we celebrate. We need time to do both and allow ourselves to feel.

Keep safe and well, stay home have been our mottos. So as we journey together with this time, be kind and generous as you've already been doing. God bless

Helen

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Hall for All, Weston Longville

Monday

Weston Longville Parish Council – quarterly meeting 2nd Monday 7:30 pm - HFA - WL

Tai Chi — weekly 10:00 – 11:00 a.m., HFA WL Tel 01603 880931

Hatha Yoga – weekly 4.15–5.45 pm – HFA WL

Tuesday

Boxercise — weekly 8.30 pm — HFA WL

Wednesday

Mixed Choir — weekly 7.30 – 9.30 pm Reepham Methodist Chapel Tel James Lilwall 01362 688499

Thursday

Bell ringing – weekly 7:30 pm – All Saints Weston Longville

Friday

Choir – 2.30 pm now and then Tel 01603 880962

Saturday

Weston Longville Village Cinema – 3rd Saturday in month – Hall for All 7.30pm £5.00

Gt Witchingham Village Hall

Monday

10:30-12:30: Art Group. For all abilities. £5.00 per session inc. refreshments.

7:00-8:00pm: Ballroom and Latin Dancing Beginners Class.

Tuesday

9:30-10:30am: Extend Exercise Class.

10:00-11:00am: Coffee Morning. All welcome. Donations for Coffee/Tea and Biscuits.

10:30-11:30am: Book Club. This is a *monthly* meeting. £2.50 per session.

3:30-4:30pm and 4:45-5:45pm: Street Dance. £3.50 per class. Contact Zoey 07538 975117

7:30-9:30pm: Bingo. *Fortnightly*. Eyes down at 8pm, £11.00 includes books and flyer. Bring your own refreshments.

Wednesday

1:30-2:30pm: Zumba Gold. Get fitter, smile and make new friends. £5 per class - Suitable for everyone. Contact Lucy Brooks 07825 717770

Thursday

2:00-4:00pm: Craft and Chatter. £3 per session inc. refreshments.

7:30-9:30pm: Wensum Valley Bird Watching Society. Third Thurs of month. See article for details.

Friday

9:30-10:15am: (*term time only*) Children's Music. Music group for 0-4 yr olds.

6:30-8:30pm: The Hive. Youth Group for School Yrs 6 and upwards (age 10+). See the programme for dates the group is running.

Saturday

9:30-10:15am and 10:30-11:30am Ballet Contact Zoey 07538 975117

Sunday

3:30-5:30pm Café Church. Second Sunday each month.

For the **Great Witchingham Village Hall**, see the website www.gwvh.org.uk

Address: Hubbards Loke, Great Witchingham, Norwich NR9 5AZ, tel 01603 879 918

For the **Hall For All, Weston Longville**, see the website www.hallforall.co.uk

Address Church Street, Weston Longville, Norwich, Norfolk, NR9 5JU || t: 01603 880000 || e: info@hallforall.co.uk

Mobile library visits –

Round CEN 216 (every 4th Tuesday)

10 Mar, 7 Apr, 5 May, 2 June

GW VILLAGE HALL 10:45 11:00

GW ST FAITHS CHURCH 15:25 16:10

LENWADE WHEEL STOP CAFE 16:15 16:30

ATTLEBRIDGE STATION ROAD 16:40 17:10

Round CEN 419 (every 4th Thursday)

20 Feb, 19 Mar, 16 Apr, 14 May, 11 June

RINGLAND SWAN 14:15 14:30

RINGLAND CHURCH 14:35 14:50

WL DAIRY FARM COTTAGES 15:05 15:20

WL 1 RECTORY ROAD 15:25 15:35

WL POST OFFICE LANE 15:45 16:05



REEPHAM & WENSUM VALLEY
TEAM CHURCHES

Services and events in May 2020

Team Rector: Rev'd Keith Rengert

The Rectory, Station Road, Reepham
01603 879275 revdkeith@gmail.com

(Rest day: Monday)

Team Vicar: Rev'd Helen Rengert

The Bircham Centre, Reepham
(Please ring first as I may be out visiting)
01603 871263 revdhelenrwv@gmail.com

(Rest day: Monday)

Annabel Dack, Benefice Administrator
01603 871263 parishofficerwv@gmail.com

For local churchwardens :

Weston Longville:

Mrs Dot Le Grice 01603 880962

Gt Witchingham :

Mrs Janet Houlston 01603 872251

All church services are cancelled for the immediate future however the churches remain open for private use.

Whilst our physical doors may be closed, you can visit us in our virtual church by logging onto <https://www.reepham-and-wensum-valley-team-churches.org.uk/whats-on/virtual-church>

There you will find videos of services, readings and pew notes.

Also at <https://www.reepham-and-wensum-valley-team-churches.org.uk/stop-press-page/>
ideas for crafting over the Easter Season

All details correct at time of print, for updates please refer to www.reephambenefice.org.uk

Special Offices

As detailed in the letter from the Archbishops of York and Canterbury, baptisms, weddings and funerals are subject to changes as we practice social distancing to help stem the spread of Covid-19 (Coronavirus). These changes take effect from 19th March until further notice.

Baptisms: All baptisms should be postponed until after the crisis. The only exception is emergency baptisms. Please contact Rev'd Keith or Rev'd Helen in this instance.

Weddings: Weddings should be postponed until after the crisis, please contact Rev'd Keith and Rev'd Helen if you were due to get married this year.

Funerals: Funerals should be attended by immediate family – i.e. spouse/partner, children and parents. A memorial service can be held at a later date for friends and family to attend, once the crisis has passed. We are looking to create tribute books with memories and messages from those who would have normally attended the funeral. Memories should be shared via email to parishofficerwv@gmail.com.



Thanks to Peter Halls for his creation of an Easter garden in All Saints Church porch (left) and to Samantha Cohu for colouring in our last month's cover..

